



**Absolute Dermatology & Skin Cancer Center**

5207 Hickory Park Drive, Suite A, Glen Allen, VA 23059

7300 Ashlake Parkway, Suite #102, Chesterfield, VA 23832

T: (804) 326-4448 F: (309) 326-4947

[www.absolutedermva.com](http://www.absolutedermva.com)

## **Wound Care: Around the Mouth/Lips**

**DO:**

- Use a spoon.
- Eat soft foods or cut food into small pieces.

**DO NOT:**

- Smoke
- Use a straw
- Have long conversations
- Take large bites of burgers/sandwiches

Please refrain from using your lip muscles as much as possible for the next 3-5 days

Lips are very elastic, so you will have swelling in the area for up to several weeks. It will get worse over the first 1-3 days, then it will start to get better.